Guidance For Parents



Kaze Chikara Karate

This guidance applies to all parents / carers with children training at any class run by Kaze Chikara. Its purpose is to clarify responsibilities, and give clear guidelines on our rules regarding safeguarding.

Starting karate can be daunting at first, especially for children. Most people are nervous and selfconscious. This is completely normal, and will pass with time. We expect that parents will stay in the room until the child feels comfortable enough to be left to their training. The number of lessons this will take varies from student to student, but shouldn't take longer than 4 or 5 lessons.

Parents are welcome to stay and watch a class at any time. Please speak to the instructor at the beginning of the class.

In general:

- Please feel free to ask questions.
- Please be supportive and encouraging towards your child.
- Please don't point out any mistakes your child may make. Restrict yourself to positive comments. The instructor will correct any mistakes in class.
- Please inform the instructor of any injury, health or welfare issue that you feel is appropriate.

When dropping off your child for class:

- Please don't leave until an instructor is present.
- Please don't leave your child in the room alone with only one other person, even if that person is an instructor. Wait with your child until there is at least one other student present.
- Please make sure we have details of someone who can be contacted should an accident or illness occur.
- If a different person will pick up your child from class, please let an instructor know.

When picking your child up from class:

- Please wait outside the class until the class is finished.
- Please make sure an instructor has seen that you have taken responsibility for your child.
- For children under the age of 16: if your child is going to be leaving class to go home on their own, you must provide written confirmation of this prior to class starting.

Social Media

The guidance from the KUGB, which we adhere to, is that instructors and adult students cannot add any child members (under the age of 18) as friends on their social media accounts (unless a familial relationship exists). Please explain to your child that friend requests will not be accepted.

The club pages exists for the exchange of information between members and instructors. Please remember that anything posted on these pages is visible to everyone (including non-members). Anything inappropriate will be removed.